

SPANISH NATIONALS (25m)

“OPEN” SWIMMING CHAMPIONSHIP

Dates: 13th to 16th November 2025

Place: Barcelona (Spain)

Pool: Club Natació Barcelona

- **Competition pool: 25m – 10 lanes**
- Training pool: 25m



Entries

- Every swimmer may enter an UNLIMITED number of events, according to the QUALIFYING TIMES.
- Each team may enter one relay event, according to the QUALIFYING TIMES.
- Qualifying times must be swum in a 25m or 50m pool and electronic timekeeping system, **between 13th September 2024 to 26th October 2025**. The qualifying times made in 25m pool (standard “A”), will have priority for the setting up of the start lists.
- Deadline: **Wednesday, 29th October, at 12PM.**
- Entries must sent to: janmarza@rfen.es / rfen@rfen.es (excel form, file Lenex or [swimrankings](https://www.swimrankings.com)).
- Entry fees. Must be paid to the start of the competition. All teams and clubs can request an invoice.
 - 15 € per athlete, per event - 25 € Relay
 - Staff (coach, physio, etc.): 20 € for each member
- **Entry lists will be published on 31st October.**

Contacts

TECHNICAL INFORMATION	Sergio de la Calle scalle@rfen.es
ENTRIES	Jose Manuel Almarza janmarza@rfen.es / rfen@rfen.es
ACCOMMODATION	BCD Sports - Website Championships Official Agency natacion@bcdme.es

Program

DAYS	AM	PM
Thursday 13.Nov.2025	400 Ind. Medley Men 100 Butterfly Women 100 Butterfly Men 400 Freestyle Women 50 Backstroke Men 50 Backstroke Women 200 Breaststroke Men 200 Breaststroke Women 800 Freestyle Men (slowest heats)	Finals Morning Session "B – A" 800 Freestyle Men (fastest heat) Mixed 4x50 Freestyle Relay
Friday 14.Nov.2025	400 Ind. Medley Women 100 Breaststroke Men 100 Breaststroke Women 400 Freestyle Men 200 Butterfly Women 200 Butterfly Men 50 Freestyle Women 50 Freestyle Men 1500 Freestyle Women (slowest heats)	Finals Morning Session "B – A" 1500 Freestyle Women (fastest heat) Mixed 4x50 Medley Relay
Saturday 15.Nov.2025	200 Freestyle Men 200 Freestyle Women 50 Butterfly Men 50 Butterfly Women 200 Backstroke Men 200 Backstroke Women 100 Ind. Medley Men 100 Ind. Medley Women 1500 Freestyle Men (slowest heats)	Finals Morning Session "B – A" 1500 Freestyle Men (fastest heat)
Sunday 16.Nov.2025	100 Freestyle Women 100 Freestyle Men 50 Breaststroke Women 50 Breaststroke Men 200 Ind. Medley Women 200 Ind. Medley Men 100 Backstroke Women 100 Backstroke Men 800 Freestyle Women (slowest heats)	Finals Morning Session "B – A" 800 Freestyle Women (fastest heat) Mixed 4x100 Medley Relay

Estimated schedule

SESSION	Thursday 13.Nov.	Friday 14.Nov.	Saturday 15.Nov.	Sunday 16.Nov.
HEATS	09:30 – TBD	09:30 – TBD	09:30 – TBD	09:30 – TBD
FINALS	18:00 – 20:00	18:00 – 20:00	18:00 – 19:45	17:30 – 19:30

- The final schedule will be published on Wednesday, 05th November.
- Official training: the competition pool will be available from Tuesday, 11th November.
- The competition pool will be available 1h 45' before the start of each session.

Rules & Regulations

The competition will be conducted under World Aquatics Rules.

COMPETITION SYSTEM:

- Heats & Finals for 50-100-200-400 events.
- Heat Declared Winner for 800 & 1500 events.

EVENTS	FINALS
50 Free, Back, Breast, Fly 100-200 Free, Back, Breast, Fly 200 Ind. Medley 400 Freestyle, Ind. Medley	2 FINALS: B – A 8 fastest times in each final <i>Not more than 2 foreign swimmers allowed</i>

EVENTS	HEAT DECLARED WINNER
800 - 1500 Freestyle	8 fastest times in Finals Session: <i>Not more than 2 foreign swimmers allowed</i>

WITHDRAWALS: for finals not later than 30 minutes after the respective event. The official form will be sent by email before the start of the competition.

RESERVES: There will be 3 reserve swimmers for each event, following the results in the heats, to compete in the finals.

AWARDS: Gold, silver and bronze medals in each event. National teams will not be entitled to awards in relay events.

Doping

It will be regulated according to the specific rules of the Spanish Antidoping State Agency, the Royal Swimming Spanish Federation and World Aquatics.

Qualifying times

		STANDARD "A" (25m)			
		MEN		WOMEN	
		SENIOR	2006 & YOUNGER	SENIOR	2006 & YOUNGER
FREE	50	00:22,95	00:23,35	00:26,45	00:26,80
	100	00:50,00	00:50,90	00:57,35	00:58,05
	200	01:51,20	01:53,15	02:04,00	02:05,55
	400	03:59,00	04:03,00	04:22,00	04:24,60
	800	08:25,95	08:33,55	09:01,00	09:06,40
	1500	15:57,00	16:11,35	17:28,30	17:38,80
BACK	50	00:26,00	00:26,45	00:29,55	00:29,90
	100	00:56,15	00:57,15	01:04,00	01:04,80
	200	02:04,80	02:07,00	02:19,00	02:20,75
BREAST	50	00:29,00	00:29,50	00:33,30	00:33,70
	100	01:02,95	01:04,05	01:13,00	01:13,90
	200	02:20,00	02:22,45	02:39,10	02:41,10
FLY	50	00:24,90	00:25,35	00:28,10	00:28,45
	100	00:54,95	00:55,90	01:03,00	01:03,80
	200	02:05,35	02:07,55	02:20,00	02:21,75
IM	100	00:57,70	00:58,95	01:06,15	01:06,95
	200	02:05,45	02:07,65	02:21,90	02:23,65
	400	04:31,15	04:35,20	05:01,15	05:04,15
		Relay		Sum	
Mixed Relay	4x50 Free	01:38,80		01:40,30	
	4x50 Medley	01:50,35		01:51,85	
	4x100 Medley	04:02,15		04:03,65	

		STANDARD "B" (50m)			
		MEN		WOMEN	
		SENIOR	2006 & YOUNGER	SENIOR	2006 & YOUNGER
FREE	50	00:23,85	00:24,25	00:27,25	00:27,60
	100	00:51,90	00:52,95	00:59,05	00:59,75
	200	01:54,15	01:56,50	02:06,95	02:07,75
	400	04:07,85	04:12,00	04:27,30	04:29,40
	800	08:39,55	08:47,40	09:09,40	09:14,85
	1500	16:24,35	16:39,00	17:42,60	17:53,15
BACK	50	00:27,70	00:28,15	00:31,45	00:31,80
	100	00:59,95	01:01,00	01:06,65	01:07,45
	200	02:12,25	02:14,60	02:23,95	02:25,75
BREAST	50	00:30,15	00:30,70	00:34,25	00:34,65
	100	01:05,00	01:06,65	01:15,10	01:16,00
	200	02:26,20	02:28,75	02:42,60	02:44,75
FLY	50	00:25,50	00:25,95	00:28,75	00:29,00
	100	00:56,90	00:57,85	01:04,30	01:05,15
	200	02:09,45	02:11,75	02:22,60	02:24,40
IM	100				
	200	02:11,00	02:12,75	02:26,90	02:28,70
	400	04:40,10	04:44,25	05:07,60	05:10,55
		Relay		Sum	
Mixed Relay	4x50 Free	01:42,20		01:43,70	
	4x50 Medley	01:53,95		01:55,45	
	4x100 Medley	04:11,30		04:12,80	